EMS Clinician Quarantine Guidance if Exposed to a Suspected or Laboratory-Confirmed Case of COVID-19 (Updated May 4, 2020)

Were proper PPE precautions used during the care of the patient(s)?

If utilized, self-montior for 14 days from expsoure, monitoring for Signs and Symptoms* every day If breach of or no PPE[^], then do NOT report to work and self-quarantine for 14 days from exposure. Seek medical evaluation if signs and symptoms* develop. ^ Proper PPE Precautions

- Eye Protection
- Gown
- Gloves
- N-95 or higher-level respirator, if available, or at least a surgical mask
- * Signs and symptoms include but are not limited to:

NEW

- New/worsening cough
- Shortness of Breath

 Or at least two of the following:
- Sore Throat
- Fever
- Chills
- Repeated shaking with chills
- Muscle Pain
- Headache
- New loss of taste or smell

No Signs and Symptoms*

Signs and symptoms*

Present

Okay to Report to Work

Do NOT report to work
AND seek medical
evaluation

For More Information:



Note: Interim guidance and is subject to change. Information current as of May 4, 2020





